



youth service bureau

Chemical Health Program

In collaboration with the Cottage Grove and Woodbury Public Schools (ISD 833) Youth Service Bureau provides school-based chemical health services that focus on prevention, education, and support services.

To comprehensively prevent and reduce youth chemical use, YSB funds an on-site Chemical Health Clinical Specialist, providing direct-services to students and families, and a Chemical Health Prevention Specialist, developing, coordinating, and promoting sustainable prevention efforts.

Chemical Health Clinical Specialist: Jess Johannes MA, LADC.

Jess can be reached at 651-219-5514 or by email: JJohanne@sowashco.org

The Clinical Specialist helps students and families access confidential services, including:

- **One-on-one support** for students who use substances, have a history of substance use, and/or are impacted by others' substance use, such as family members or friends
- **Support groups** such as concerned persons and sober support (offered depending on student need)
- **Family sessions** regarding youth substance use with focus on connecting families to resources
- **Parent and staff** consultation
- **Chemical health screenings and pre-assessments**
- **Referrals** to outside resources and follow-up support

If you have concerns regarding a student, please contact by phone or email. A referral form is available and can be sent to her by e-mail.

Jess provides services at:

- **East Ridge High School: Mondays 7:30am-3:30pm**
- **Park High School: Wednesdays 7:30am-3:30pm**
- **South Washington Alternative High School: Thursdays 7:30am-3:30pm**
- **Woodbury High School: Fridays 7:30am-3:30pm**
- **Tuesdays will be a float day**

Please see reverse side for more information on Prevention services.

Youth Service Bureau helps youth and families learn the skills they need to be more successful at home, in school and throughout the community.

*Referrals are welcome from parents, youth, organizations, schools and law-enforcement.
Visit ysb.net for more info.*



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Chemical Health Prevention Specialist: *Gina Johnson BS.*

Gina can be reached at 651-219-5520 or by email: GJohnson1@sowashco.org

The Prevention Specialist helps students, families, and staff access a variety of preventative chemical health efforts, delivered district wide, including:

- **Newsletter to parents/staff** on chemical health issues (prevention, education, resources, etc.)
- **Classroom/staff/parent presentations and resources** on chemical health issues such as brain development, prevention tools for parents, peer pressure and refusal skills, and more.
- **School climate projects** to reduce risk factors and increase protective factors (i.e. organizing classes, prevention messaging, applying for grants to implement evidence-based prevention strategies.)
- **Sustain** student clubs/groups promoting health and wellness.
- **Prevention Campaigns** within the district as well as in the community.
- **Informational booths** at health fairs, school conferences, school events, etc.
- **School policy and procedure** development.

Gina provides prevention programming through the district and greater community.

Working together, we can prevent and reduce youth chemical use
and infuse wellness into our communities!

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