



youth service bureau

Chemical Health Program

In collaboration with the North St. Paul, Maplewood, and Oakdale Public Schools (ISD 622) Youth Service Bureau provides school-based chemical health services that focus on prevention, education, and support services.

To comprehensively prevent and reduce youth chemical use, YSB funds an on-site Chemical Health Specialist, providing direct-services to students and families, and prevention services dedicated to developing, coordinating, and promoting sustainable prevention efforts.

Chemical Health Specialist: Ashley Rome, BA, LADC. Ashley can be reached at 651-571-3305 or by email: arome@isd622.org

The Clinical services are designed to help students and families access confidential services, including:

- **One-on-one support** for students who use substances, have a history of substance use, and/or are impacted by others' substance use, such as family members or friends
- **Support groups** such as concerned persons and sober support (offered depending on student need)
- **Family sessions** regarding youth substance use with focus on connecting families to resources
- **Parent and staff** consultation
- **Chemical health screenings and pre-assessments**
- **Referrals** to outside resources and follow-up support

If you have concerns regarding a student, please contact Ashley by phone or email. A referral form is available and can be sent by e-mail.

Ashley provides services at:

- **Maplewood Middle School:** Tuesdays
- **John Glenn Middle School:** Thursdays
- **Skyview Middle School:** Wednesdays

Youth Service Bureau helps youth and families learn the skills they need to be more successful at home, in school and throughout the community.

*Referrals are welcome from parents, youth, organizations, schools and law-enforcement.
Visit ysb.net for more info.*



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Prevention services are dedicated to helping students, families, and staff access a variety of preventative chemical health efforts, delivered district wide, including:

- **Newsletter to parents/staff** on chemical health issues (prevention, education, resources, etc.)
- **Classroom/staff/parent presentations and resources** on chemical health issues such as brain development, prevention tools for parents, peer pressure and refusal skills, and more.
- **School climate projects** to reduce risk factors and increase protective factors (i.e. organizing lyceums, prevention messaging, applying for grants to implement evidence-based prevention strategies)
- **Sustain** student clubs/groups promoting health and wellness
- **Prevention Campaigns** within the district as well as in the community.
- **Informational booths** at health fairs, school conferences, school events, etc.
- **School policy and procedure** development

Working together, we can prevent and reduce youth chemical use and infuse wellness into our communities!

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