

Chemical Health Program

In collaboration with the Cottage Grove and Woodbury Public Schools (ISD 833), Youth Service Bureau provides school-based chemical health services that focus on prevention, education, and support services.

To comprehensively prevent and reduce youth chemical use, YSB funds an on-site Chemical Health Clinical Specialist, providing direct-services to students and families, and a Chemical Health Prevention Specialist, developing, coordinating, and promoting sustainable prevention efforts.

Chemical Health Clinical Specialist: Colleen O'Neil, BS, LADC can be reached at 651-219-5514, coneil@sowashco.org

The Clinical Specialist helps students and families access confidential services including:

- **One-on-one support** for students who use substances, have a history of substance use, and/or are impacted by others' substance use, such as family members or friends
- **Support groups** such as concerned persons and sober support (offered depending on student need)
- **Family sessions** regarding youth substance use with focus on connecting families to resources
- **Parent and staff** consultation
- **Chemical health screenings and pre-assessments**
- **Referrals** to outside resources and follow-up support

If you have concerns regarding a student, please contact Colleen by phone or email. A referral form is available as well for school staff.

Service provided at the following schools:

- **Woodbury High School: Mondays 7:15a-3:15p**
- **East Ridge High School: Tuesdays 7:15a-3:15p**
- **Park High School: Wednesdays 7:15a-3:15p**
- **Alternative Learning Center: Thursdays 7:15a-3:15p**

*** Please see back side for information on additional services **

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Chemical Health Prevention Specialist: *Gina Johnson, BS*

Gina can be reached at 651-219-5520 or by email: gina.johnson@ysb.net

The Prevention Specialist helps students, families, and staff access a variety of preventative chemical health efforts, delivered district wide as well as provide programming throughout the district and the greater community. Some of the services include:

- **Newsletter to parents/staff** on chemical health issues (prevention, education, resources, etc.)
- **Classroom/staff/parent presentations and resources** on chemical health issues such as brain development, prevention tools for parents, peer pressure and refusal skills, and more.
- **School climate projects** to reduce risk factors and increase protective factors (i.e. organizing classes, prevention messaging, applying for grants to implement evidence-based prevention strategies.)
- **Sustain** student clubs/groups promoting health and wellness.
- **Prevention Campaigns** within the district as well as in the community.
- **Informational booths** at health fairs, school conferences, school events, etc.
- **School policy and procedure** development.

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