

Just the Facts



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What is Parent Education?



“Our culture has changed and the needs of parents and children are different. Most mothers are now in the workforce. Television and the Internet have introduced ideas and lifestyles that are often in conflict with parental values. These issues have created changes in parenting.”

University of North Texas Center for Parent Education

Parent education can be defined as:

- Expanding insights, understanding, and attitudes about parenting
- Gaining knowledge and skills about the development of both parents and children – and the relationship between them

Parents are considered to be both legal guardians of a child, as well as those who make a long-term commitment to the well-being, safety, and development of the child.

Parent education is NOT “telling parents what to do.” As a parent, you know your child better than anyone!

Parenting is NOT an innate skill. Parent education can provide additional information and support parents need to be the best parent they can be.

YSB takes a strengths-based approach to parent education and provides parents with research-based parenting information to help parents successfully guide their children into adulthood.

Helping youth and families learn the skills they need to be more successful at home, in school and throughout the community.

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