



Chemical Health: Crisis, Assessment, and Treatment Resources

Please contact **your school counselor, assistant principal, or [Youth Service Bureau's Chemical Health Specialists](#)** with any questions about resources and/or chemical health related issues.

Crisis Services

If a person is in danger to self or others, call 911

Crisis Support – Text MN to 741741 or call **CRISIS (274274)** from a mobile phone if you or someone you care about is having a mental health crisis or is contemplating suicide

[Washington County Crisis Response Unit](#) – **24/7/365 mobile crisis** mental health services for adults and children experiencing a crisis. Mobile crisis interventions are face-to-face, short-term, intensive mental health services, **651-275-7400**

National Suicide Prevention Lifeline - Call 1-800-273-TALK (8255)

National Youth Crisis Hotline – Call 1-800-442-4673

[Lakeview Hospital](#) – Emergency medical services and referrals, **651-439-5330**

[University of Minnesota Masonic Children's Hospital](#), Behavioral Emergency Center (BEC), open 24/7 for anyone in crisis, for assessment, evaluation, and care, **612-273-5640**

Local Substance Use Assessment and Treatment Services for Adolescents

[Online Tool to Locate Substance Use Treatment Resources in Minnesota – Fast-Tracker](#) (*your link to mental health & substance use disorder resources*)

[Online/Phone Support in Locating Treatment Services](#) – **1-888-315-5649**

[Financial Support for Substance Use Services: Washington County](#) – Alcohol and Drug Abuse Services, **651-430-6561 ext. 3**

[Anthony Louis Center & On-Belay House](#) – Outpatient (Woodbury), Residential treatment services (Plymouth – males only / Eden Prairie – females only / Blaine – males and females) - Accepts 18-year olds on a case by case basis, **763-542-9212**

[Canvas Health](#) – Outpatient treatment services (Stillwater, Cottage Grove), Substance use evaluations (Stillwater, Oakdale), **651-777-5222**

[CLUES](#) (Comunidades Latinas Unidas En Servicio) – Comprehensive treatment services to Latinx youth and families (St. Paul), **651-379-4200**

[Eau Claire Academy](#) – Intensive residential treatment program for mental health and substance use issues (ages 10-18), **715-834-6681**

[Hazelden Betty Ford Foundation](#) – Residential and outpatient treatment services (Plymouth), Outpatient treatment services (St. Paul), **1-877-660-0283**

[Handy Helper](#) – Provides substance use assessments, culturally-focused care and multilingual services (St. Paul), **651-760-3236**

[M Health Fairview](#) – Outpatient dual diagnosis treatment services (Maplewood), Substance abuse residential services (Chisago City), Dr. Eileen Burchby- Addiction Medicine Doctor, **612-672-2736**

[Maple Lake Recovery Center](#) – Residential long-term gender-specific treatment services (Maple Lake- males / Monticello - females), **651-338-3317** (Residential Program Admissions)

[Minnesota Adult and Teen Challenge](#) - Residential treatment services (Minneapolis), Long term residential program for boys (Minneapolis), **612-373-3366**

[Nivon Wellness Center](#) – Intensive outpatient treatment services (Cottage Grove), **612-564-8073**

[Nystrom & Associates, LTD](#) – Intensive outpatient treatment services (Woodbury), Substance Use Assessments available in Spanish (Bloomington), **651-501-3350**

[Oregon Residential Treatment Center](#) – Short-term (3-4 months) and long-term (6-9 months) dual diagnosis residential treatment services (Minnetonka), **952-541-4738**

[Phoenix Recovery Programs](#) – Residential treatment services (Maplewood and White Bear Lake – males / Mankato – females) – accepts up to age 19, **877-901-0532**

[Options Family and Behavior Services](#) – Intensive outpatient dual diagnosis and substance abuse treatment services, (Roseville and Burnsville), **952-564-3000**

[People Incorporated](#) - Intensive outpatient dual diagnosis treatment services (Coon Rapids), **763-427-7964**

[Prairie Care](#) – Dual Diagnosis Clinic, offers a variety of services to address difficulties with both mental health and substance use (Brooklyn Park), **888-977-2474** (needs assessment)

[Recovery Plus](#) – Dual diagnosis residential treatment services (St. Cloud), **320-229-4996 Ext. 79888**

[Rogers Behavioral Health](#) – Residential dual diagnosis care for adolescents (mental health and addiction recovery) (West Allis, Wisconsin), **800-767-4411**

[Roots Recovery](#) – outpatient dual diagnosis treatment (includes medication assisted treatment) (St. Paul), **1-833-ROOTSMN or 612-564-5933**

[Sage Prairie](#) – Treatment and clinic services that treat substance use disorders and internet/gaming use disorder (Burnsville and Eagan), **1-877-915-SAGE (7243)**

[University of Minnesota SUDz Discovery Program](#) – Outpatient program for adolescents age 12-18, along with their families, who are experiencing negative consequences due to alcohol and other drug use (Minneapolis), **612-273-8710 or 612-273-9711**

[WINGS Adolescent Treatment Center](#) – Residential treatment services (Litchfield), **320-593-0440**

Sober/Recovery High Schools

[P.E.A.S.E Academy](#) (Peers Enjoying A Sober Education) – recovery high school that offers a variety of supports to assist students in maintaining their sobriety (Minneapolis), **612-378-4889**

[Insight Program](#) (White Bear Lake Area Schools) - provides a supportive learning environment for recovering teens that nurtures their mind, body, and spirit, and encourages healthy decision making (White Bear Lake), **651-773-6400**

[Association of Recovery Schools](#) – supports recovery high schools across the country

Sober Living

[MASH](#) (Minnesota Association of Sober Houses) – a directory of MASH Member Organizations (sober living), **651-223-MASH (6274)**