

Just the Facts



youth
service
bureau

YOUTH & ALCOHOL



Alcohol use by teens can interfere with normal adolescent brain development.

The earlier a person begins drinking alcohol, the more likely they are to develop an alcohol addiction.

Teens tend to drink less often than adults, but when they drink, they drink more.

Risks of underage drinking include: death or injury (including alcohol poisoning), impaired judgment, and increased risk of physical or sexual violence.

Underage drinking can lead to impaired school performance, memory loss, and depression.

**IN 2019,
15.7% OF YOUTH IN
WASHINGTON COUNTY
REPORTED CONSUMING
ALCOHOL IN THE PAST 30
DAYS.**

**-Substance Use in MN
www.sumn.org**

Helping youth and families learn the skills they need to be more successful at home, in school and throughout the community.

www.ysb.net