



Chemical Health: Youth Support Resources for Family Addiction

Please contact **your school counselor, assistant principal, or [Youth Service Bureau's Chemical Health Specialists](#)** with any questions about resources and/or chemical health related issues.

Addiction in the Family

[Alateen/Al-Anon](#) and [Nar-Anon](#) – a support group for anyone who has been impacted by someone else's substance use (drinking/drug use)

[Alateen](#) focuses on young people (ages 10-19) who have been affected by someone else's drinking/drug use. The group listens to and shares solutions that can lead to a better life. The [two closest meetings](#) are **Stillwater** (St. Croix Area Alateen Meeting – Thursday nights – Trinity Lutheran Church (115 4th St N) from 7-8:30 PM) and **Maplewood** (Tuesdays at 7:30 PM at Alano Club (1955 Prosperity Road Maplewood), 651-770-2208).

[Drugs.ie](#) – support for children affected by a parent's drinking

[Eluna](#) – resources, camps, and programs to support children and families impacted by grief or addiction

[Hazelden Betty Ford Foundation](#) – Children's Program: provides support, education, and care to kids who grow up in a family with alcohol and/or other drug addiction

[Hazelden Betty Ford Foundation](#) – free online resources and activities for support, inspiration, and education regarding addiction in the family

[National Association for Children of Addiction \(NACoA\)](#) – support and resources for children and teens impacted by a family member's alcohol and/or drug use

[SMART Recovery Friends and Family](#) – help for those affected by substance use issues and other addictions of a loved one