



YOUTH SERVICE BUREAU, INC.

2022 ANNUAL REPORT

ORGANIZATIONAL LEADERS

Mike Huntley, Executive Director:

2022 was a year of continuing challenges in our world, in our communities, in our families, and at Youth Service Bureau. Through all of this, YSB remained steadfast in continuing to focus on our mission - helping youth and families learn the skills they need to be more successful at home, in school, and throughout the community.

We continued to provide services in-person, and through the use of telehealth technology when needed, and we continued to find creative ways to support the changing needs of youth and families.

The Great Resignation continued in 2022; it was disappointing to have periods of time where we were short-staffed and not able to be as responsive as we preferred. YSB staff showed how dedicated they were to our mission, and again I want to say how proud I am of all those who work at YSB.

YSB is committed to ensure our services are accessible and available to all families. To accomplish this, we improved our sliding-fee-scale procedures and utilization continues to grow. The use of interpreter services has also increased. Thank you to all who support and donate to YSB – you help make this possible!

YSB continues its commitment to learn and grow so that we can best meet the needs of our clients. In 2022 we continued our work with the YWCA-Mpls organization who brought Diversity, Equity, and Inclusion trainings to our staff and board each quarter.

With our partners, funders, staff, and board, we look forward to continuing to grow and strengthen our ability to serve youth and families. Thank you.

Myron Bailey, Board Chair:

The value of the services the Youth Service Bureau brings to our communities is priceless. Coming out of the COVID pandemic, the need for our services has been the highest it has ever been. A huge focus for our staff has been on mental and chemical health needs in our partner school districts. Your continued financial support of YSB will support the needs of youth and families in our communities. The needs are great. Thank you for your continued support of the Youth Service Bureau.

Board of Directors

Officers:

Myron Bailey, Chair - Cottage Grove Mayor

Brian Zeller, Vice Chair - Telus Property Services

Randy Bachman, Treasurer - Merchants Bank

Brent Wartner, Secretary - First Assistant
Washington County Attorney's Office

Members:

Stephanie Arthur - 3M Value Stream
Manager

Jessica Danberg - St Paul Park Chief of
Police

Colleen Feldman - ISD 834 School Psychologist

Mary Giuliani Stephens - Woodbury Former Mayor

Kate Graham - Renewal by Andersen Senior Director

Khurram Hassan - US Bank Vice President

Dan Khoury - Central Pediatrics M.D.

Troy Miller - ISD 622 Assistant
Superintendent

Jo Park - ISD 833 Special Services Supervisor

Tom Pugh - Dedicated Networks Vice
President of Revenue

Kim Richardson - Woodbury Police Detective

Youth Service Bureau Mission and Vision:

To help youth and families learn the skills they need to be more successful at home, in school and throughout their community.

Our vision is to be the leader in providing youth and family services throughout the St. Croix Valley.

HISTORY

During the 1970's law enforcement agencies across the country were looking for ways to hold youth accountable for their actions without sending them through the juvenile justice system or labeling them as "delinquents." As a result, the concept of Youth Service Bureau was born.

In the greater St. Croix Valley area two such organizations were created. South Communities Counseling Services was opened in Cottage Grove in 1976 and a similar organization called St. Croix Valley Youth Service Bureau, was established in 1978. Both organizations shared a common goal: Give youth and families the support they need at the first sign of challenges to avoid more significant consequences in the future. They also worked to meet the needs of youth, families, and communities by providing counseling and early intervention programs. In 1996 these two organizations formally merged to create Youth Service Bureau, Inc. (YSB) with offices in Stillwater, Woodbury, and Cottage Grove.

Today, YSB remains true to the ideals of its founders. Youth continue to be held accountable and coached as they make amends to those hurt by their behavior, while parents continue to get the support they need to guide their children through challenging times. A variety of services are available to support a range of early interventions and needs of youth.

We are proud that for almost 50 years we continue to help youth and families make BETTER CHOICES that lead to BRIGHTER FUTURES.

THERAPY PROGRAM

A youth was referred to YSB for counseling services. The focus of the work became helping them manage their acute social anxiety. Over a two-year period, the young person was able to increasingly master skills to manage their anxiety – and experience life to a fuller extent. Progress was made at school, with peers, with family, and culminating in a family vacation out-of-state where the young person was able to participate and have a trip filled with joy.

In follow-up closed cases, 73% of parents indicated that their child and family's concerns were resolved or manageable.

THERAPISTS:
MIKE HUNTLEY
KAY SCHWEBACH
CHAUNTÉ TEEHAN
KATIE MAIER
LACEY THOMPSON

204 Youth Served
2050 Sessions Attended

Youth-Focused Family Counseling

Counseling Services are intended to help young people who are struggling with challenges in their lives.

Our goal is to address concerns early to prevent them from growing larger in the future.

Parents and caregivers are also involved in counseling sessions and receive support and encouragement along the way.

During sessions, youth and families will develop strategies to resolve immediate problems and prevent future ones.

To do this, we build on individual and family strengths and help coordinate services with other staff and organizations.

DIVERSION PROGRAM

One youth referred to Youth Service Bureau through law enforcement for fighting had to perform 20 hours of Community Work Service. The Diversion Specialist met with the youth and his mother to discuss what happened and how he could respond differently to conflict. It was determined that he would perform his Community Work Service at the Good Will. He wasn't too sure about it when he started, but after the first day, he told his mom; it was actually fun to do. When he completed the 20 hours of service, the Good Will thought he had done such a good job that they offered him a part-time job in the store.

266 Youth Served

570 hours of Programming

740 hours of Community Work Service performed

90% of youth completing their program did not reoffend in the following 12 months

I stood up to a friend who asked me and my sister to vape they said "I bet by the end of the year you will vape" and we did not!" 11 year-old Female

"I am proud that I helped give back to the community" 16 year-old Male

"I learned what alcohol and drugs can do to people, and I don't want to do that to me."
12 year-old Male

"It has shown me that the adults in my life care about me, even when I make mistakes." 15 year-old Female

"I'm proud of myself for finishing the program. I'm proud that I'm now more focused on school and work." 16 year-old Male

DIVERSION SERVICES

Diversion Services are early intervention educational and restorative services intended to help young people who have concerning behaviors at home, in school or in the community.

Youth are referred to YSB when a mistake or poor decision – often with negative outcomes - has been made. The services are intended to be an alternative to the formal juvenile justice system. Community organizations, parents, teachers, law enforcement and anyone who sees concerning behavior can refer to YSB.

Diversion Services can include: General Assessment, Community Work Service, Bullying Awareness, Chemical Awareness, Creative Responses to Conflict, Distracted Driving, Responsible Social Media Use, Theft Awareness or other projects.

DIVERSION SPECIALISTS:
TALA BAIN
ALEXIS CHARLES
ABIGAL GLAUM

CHEMICAL HEALTH PROGRAM

"I learned more about myself and how to deal with my anxiety and more. Therapy has made me feel better about how I handle conflict with my parents and others. Staying away from addiction has brought me to a new life, and reconnecting with friends who I left behind after things went bad before the incident. I am more talkative, confident, and motivated than before the program. I have a growing relationship with my parents, and a growing relationship with school as well."

18 year old male

Youth Survey Responses as to some of the benefits they received from meeting with the Chemical Health Specialist at their school:

"I'm making new friends, have better coping skills, getting better sleep, eating better, and have higher self-esteem. I can talk with friends and family and we're getting along better."

"I learned what vapes can do to you and I'm not going to do it anymore." 11 year-old Male

"I like talking about life and ways to change my bad habits."

"I'm learning healthier coping skills."

"I had a lot of anxiety with depression and was using and now I'm using less, and I learned some coping skills."

Teacher/Staff Responses to Surveys:

"THANK YOU for being such a phenomenal support to us in the schools! I believe that these services are essential for our students and can be life-saving."

"I've only heard great things and on her last day I saw staff and students genuinely very sad to see her go."

93% of students surveyed stated that the Chemical Health services they received were effective.

**443 Youth Served
1909 Sessions Attended**

School-Based Chemical Health

Chemical Health Services are based in the Middle and High Schools of North St Paul-Maplewood-Oakdale School District (ISD 622), South Washington County School District (ISD 833) and Stillwater Area School District (ISD 834).

Students receive services through individual and group counseling, parent/caregiver engagement, school consultation and coordination of services.

Another goal is to provide education and support to students through classroom presentations, staff trainings and community education.

CHEMICAL HEALTH SPECIALISTS:

NIKKI STUHR
VICTORIA CARLSEN
ALMARELY GUERRERO SANCHEZ
MARIA HAYES
TAILA WARD
ALYSSA WUKAWITZ

YOUTH AND FAMILY EDUCATION PROGRAM

This program provides education, effective strategies, and resources to engage and empower youth and caregivers. Attendees build confidence, learn techniques to start challenging conversations, and learn when and where to seek additional support for their family.

We offer busy families a variety of ways to attend education sessions and get the support they need.

MILITARY FAMILY PROGRAM

Our Military Family Support Program assists families of deployed service members with respect to mental health, parenting, teen anxiety and depression, and so much more. These families are confronting all of the obstacles faced by every family, plus all of the stresses and difficulties around deployments.

Our Military Family Support Program provides education, resources, and practical tools that parents, and caregivers can use during deployments, and afterward.

“It was helpful to discuss when to step back as a parent and let them fail to help them learn.”

88% of attendees responded that the education seminar content was “good or great”.

Parent after attending Raising Resilient Kids Presentation:
“I have improved my parenting skills and hopefully it will help improve my child's mindset and resilience.”

Student after a classroom presentation on smoking;
“I will not smoke (I was kinda considering it)”
11 year-old youth

Military Family Presentations

1 Presentation
35 Attendees

Youth and Family Education Presentations

8 Presentations
338 Attendees

School/Classroom Presentations

77 Presentations
4,512 Attendees

YOUTH AND FAMILY EDUCATION COORDINATORS:
MERRI GUGGISBERG
MADISON BONNIWELL

MILITARY FAMILY COORDINATOR:
MADISON BONNIWELL

FINANCIALS

BALANCE SHEET FOR FISCAL YEAR ENDING 12/31/2022 WITH COMPARATIVE TOTALS FOR 2021			
Assets		2022	2021
Current Assets	\$	2,020,117	\$ 1,910,473
Property & Equipment	\$	55,798	\$ 64,221
Other Assets	\$	157,984	\$ 33,669
Total Assets	\$	2,233,899	\$ 2,008,363
Liabilities and Net Assets			
Current Liabilities	\$	203,345	\$ 57,532
Long Term Liabilities	\$	67,358	\$ -
Net Assets	\$	1,963,196	\$ 1,950,831
Total Liabilities & Net Assets	\$	2,233,899	\$ 2,008,363
INCOME & EXPENSE STATEMENT FOR THE FISCAL YEAR ENDING 12/31/2022 WITH COMPARATIVE TOTALS FOR 2021			
Grants, Support & Revenue	\$	1,219,431	\$ 1,661,112
Expenses	\$	1,207,066	\$ 1,271,429
Change in Net Assets	\$	12,365	\$ 389,683

Since 2020, a goal has been to improve client access to the sliding fee scale. We are excited that utilization of our sliding-fee scale has increased 65%!

2022

Youth Service Bureau strives to keep services affordable and to reduce barriers to access our services.

We provide a sliding-fee scale and we fully subsidize all interpreter services.

Interpreter Services
\$2,490 Spent

Sliding Fee
utilization amount
\$22,816.00

FINANCIAL MANAGER:
ROGER WHITMAN

HUMAN RESOURCES:
WENDY SPARKS

ADMINISTRATIVE ASSISTANTS:
BARBARA OHS
JANET CARPENTER
MADISON BONNIWELL
JAMIE QUINN

THANK YOU TO ALL OF OUR SUPPORTERS IN 2022!



INDIVIDUALS

Stephanie Arthur
Randy & Brandie Bachman
Myron & Cindy Bailey
Karla Bigham
Lindy Bowen
Fiona & Sean Campbell
Janet & Dan Carpenter
DeAnna Charles
Denise Cote
Catherine & Chris Crosby-Schmidt
Jessica Danberg
Steve & Kathy Dennis
Sandi & Dan Dingle
Todd Dreyfus
Heidi Eckert
Paul Erickson
Colleen & James Feldman
Joyce Flynn
Sandra Fuller
Mary Giuliani Stephens

Kate Graham
Roger & Nancy Green
Almarely Guerrero-Sanchez
Khurram & Jayann Hassan
James Hayne
Stanley & Jane Hooper
Nicole Hoverson
Heidi & Rob Hubbard
Michael & Theresa Huntley
Rose & Jack Huntley
Jonathan lafrate
James & Louise Jacobs
Jill Johnson
Sheila Kaufer
Bob Kennedy
Peg Kinda
George & Julie Kinney Jr.
David Knefelkamp
Pete & Kristin Koerner
Matt Kraft

Michelle LaBrosse-Nelson
Dr. Christopher LePage
Kevin Magnuson
Roger & Sandra Malm
Leslie & Wallace Milbrandt
Troy Miller
Lynn Montgomery
David & Lynn Morris
Traci Norum
Barbara Ohs
Douglas Ohs
Pauline Ohs
Pete Orput
Justin & Kim Olsen
Charles & Margaret Opp
Harvest & Emma Ostrom
Christine Otto
Jo Park
Kenneth & Nancy Pedersen
John Peichel

Thomas Polzin
Sarah Redman
Greta Redmond
Krista Richmond
Kevin & Kathleen Ringhofer
Gabriel Alcocer Rodriguez
Kristine Schaefer
Dan Schoen
Mary Slusser
Cathy Snyder
Philip & Susan St Ores
Sandy Strand
David Thiede
Steve & Jill Trog
Brent Wartner
Roger Whitman
Patty Wilder
Jonathan Yocum
Tony Zdroik

Tributes:

Heidi & Rob Hubbard in honor of Pete Orput
Cathy Snyder in honor of Tom Peichel

INSTITUTIONAL PARTNERS:

3M Cottage Grove Center
3M Foundation
AmazonSmile Foundation
Andersen Corporate Foundation
Andersen Windows & Doors/Renewal by Andersen
Archie D & Bertha H Walker Foundation
Best Buy Employee Giving Program
Central Pediatrics - Woodbury
Cintas Corporation
City of Bayport
City of Cottage Grove
City of Lake Elmo
City of Lakeland
City of Oak Park Heights
City of Stillwater
City of Stillwater Township
City of Woodbury
Cottage Grove Lions Club
First State Bank & Trust
Fox Advancement
Fred C and Katherine B Andersen Foundation
Great Wolf Lodge
Hardenbergh Foundation
Hugh J Andersen Foundation
ISD 622 - North St Paul, Maplewood, Oakdale Area Schools
ISD 833 - South Washington County School District
ISD 834 - Stillwater Area Public Schools
Karla Bigham for State Senate
Kwik Trip, Inc.
Lakeview Foundation

Marathon Petroleum Foundation
Maritz Consulting Group, dba Ledelsea
Mary for MN Senate
Merchants Bank
Mutual of America
Old National Bank
Otto Bremer Trust
R.F. Moeller Jeweler
Reliable Billing LLC
Royal Credit Union
Rumpca Services
SAHS Theatre Association
Spartan Promotional Group
Spire Credit Union
SRI - Scenic River Inc.
St Croix Valley Foundation
State of Minnesota - Youth Intervention Program Grants
Technology By Design
Telus Property Services
The Hubbard Broadcasting Foundation
The Raleigh Foundation of the Lake Elmo Bank
Thrivent Financial – Choice Dollars
Tradition Companies
United Healthcare Group
United Way of Washington County East
United Way St Croix Valley
US Bank Foundation
Van Meter Inc.
Washington County
Wells Fargo