



youth service bureau

Chemical Health Program

YSB's School-Based Chemical Health Program partners with local Independent School Districts 622, 833 and 834 to deliver clinical and prevention services to reduce youth substance use and improve student wellness.

To comprehensively prevent and reduce youth chemical use, YSB funds four Chemical Health Specialists to work on-site across three local school districts.

These Specialists provide clinical and/or prevention services dedicated to students and families, local school staff, and the greater community:

Clinical Services	Prevention Services
<p>The Clinical services are designed to help students and families access confidential services, including:</p> <ul style="list-style-type: none"> ● One-on-one support for students who use substances, have a history of substance use, and/or are impacted by others' substance use, such as family members or friends ● Support groups such as concerned persons and sober support (offered depending on student need) ● Family sessions regarding youth substance use with focus on connecting families to resources ● Parent and staff consultation ● Chemical health screenings and pre-assessments ● Referrals to outside resources and follow-up support 	<p>Prevention services are dedicated to helping students, families, and staff access a variety of preventative chemical health efforts, delivered district wide, including:</p> <ul style="list-style-type: none"> ● Newsletter to parents/staff on chemical health issues (prevention, education, resources, etc.) ● Student/parent presentations and resource sharing on chemical health issues such as electronic cigarettes, brain development, prevention tools for parents, peer pressure and refusal skills, and more ● Staff workshops and trainings such as the relationship between mental and chemical health, signs, symptoms, and trends of chemical use, how to approach a student about their chemical health ● Prevention projects such as Public Service Announcements, educational videos/presentations/posters created with students, implementation of prevention curriculum, school-wide events around substance abuse education and prevention ● Student groups that promote health and wellness ● Review school policies and procedures regarding chemical health ● Webpage on school's website with resources for students and families ● Chemical and mental health community collaboration – leadership involvement in Washington County CONNECT

Youth Service Bureau helps youth and families learn the skills they need to be more successful at home, in school and throughout the community.

Referrals are welcome from parents, youth, organizations, schools and law-enforcement.

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If you have concerns regarding a student: please contact your District's Chemical Health Specialist by phone or email. A referral form is available and can be sent by e-mail. Working together, we can prevent and reduce youth chemical use and infuse wellness into our communities!

ISD 622 & 834 - Chemical Health Specialist:

Nikki Bussert, B.A., LADC

651-571-3305, nikki.bussert@ysb.net

Nikki provides services at:

- Maplewood Middle School: Monday 7:30am-3:30pm
- Oak-Land Middle School: Wednesday 7:30am-3:30pm
- John Glenn Middle School: Thursday 7:30am-3:30pm
- Stillwater Middle School: Friday 7:30am-3:30pm



School District 622

NORTH ST. PAUL | MAPLEWOOD | OAKDALE

Ready for tomorrow

ISD 622 - Chemical Health Specialist:

Taila Ward, B.S., LADC

612-564-3878, taila.ward@ysb.net

Taila provides services at:

- North High School: Monday & Wednesday during school hours
- Tartan High School: Monday & Thursday during school hours
- Skyview Middle School: Tuesday during school hours
- Fridays: Float/Virtual Appointments



School District 622

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Ready for tomorrow

ISD 833 - Chemical Health Specialist:

Meghan Heffner, M.S.W., LISW

612-888-7391, mheffner@sowashco.org

Meghan provides services at:

- Cottage Grove Middle School: Monday during school hours (Virtual)
- Oltman Middle School: Tuesday during school hours
- Lake Middle School: Wednesday during school hours
- Woodbury Middle School: Thursday during school hours
- Fridays: Float/Virtual Appointments



ISD 833 - Chemical Health Specialist:

Matt McCune, M.A., LADC

612-930-2997, mmccune@sowashco.org

Matt provides services at:

- South Washington ALC: Monday during school hours
- Woodbury High School: Thursday during school hours
- East Ridge High School: Tuesday during school hours
- Park High School: Wednesday during school hours



- Fridays: Float/Virtual Appointments

ISD 834 - Chemical Health Specialist:

Kristin Wanhala, B.A., MSW

651-252-4434, wanhalak@stillwaterschools.org



Kristin provides services at:

- Stillwater Area High School: Monday - Thursday during school hours
- St. Croix Valley Area Learning Center: Monday - Thursday during school hours
- Friday: Virtual appointments

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