

2016 FINANCIALS

ASSETS	2016	2015
Current Assets	1,050,647	734,246
Property & Equipment	41,758	43,992
Other Assets	17,456	16,826
Total Assets	1,109,861	795,064
LIABILITIES & NET ASSETS		
Current Liabilities	55,083	46,475
Net Assets	1,054,778	748,589
Total Liabilities & Net Assets	1,109,861	795,064
INCOME & EXPENSE STATEMENT		
Grants, Support & Revenue	1,486,445	985,164
Expenses	1,180,256	1,015,674
Change in Net Assets	306,189	(30,510)

Why Does YSB Focus on Prevention?

"YSB's early-intervention services are extremely effective. Our students and their families benefit from these supports -- and as a result, students come to school better prepared to learn."

- Paul Lee, Director of Student Services Stillwater Public Schools #834

For 40 years, YSB has been a community leader in providing effective prevention services, as well as meaningful resources for those already experiencing challenges.

Effective prevention is about identifying and addressing risk factors early, building and strengthening positive and protective factors before negative behaviors become a significant problem. YSB works individually and collectively with youth, families and the greater community to make this happen.

Addressing risk and supporting protective factors reduces chemical health issues and mental health issues (like stress and suicide). Prevention strategies generally focus on the individual and that individual's risk factors.

Prevention works best when we not only look at the individual, but the greater environment that they are a part of, including peers, family, school, community and society at large, striving to optimize well-being of all individuals.

Sign up for our monthly e-newsletter at YSB.NET



@YSBknowsKids



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Public Schools

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Woodbury

Jennifer Wallen
Director of Contracts &
Administration, ICF Intl.

Brent Wartner
First Assistant, Washington
County Attorney's Office



In 2016, YSB served 1210 youth and their families:

School-Based Services

292 YOUTH SERVED

Diversion Services

619 YOUTH SERVED

Counseling Services

299 YOUTH SERVED

Youth & Family Education

2,200 PEOPLE RECEIVE
YSB's
E-Newsletter

We are thankful for the many individual donors and organizations that make brighter futures possible!

FOUNDATIONS

3M Foundation
AmazonSmile Foundation
Andersen Corporate Foundation
Archie D. & Bertha H. Walker Foundation
Barrett Family Foundation
Carl & Eloise Pohlrad Family Foundation
Casey Albert T. O'Neil Foundation
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Saint Croix Valley Foundation
SRI - Scenic River Inc.
Stillwater Area Foundation
The Hubbard Broadcasting Foundation
The Saint Paul Foundation
Thrivent Financial
United Way of Washington County - East
United Way of St. Croix Valley

BUSINESSES & ORGANIZATIONS

3M Cottage Grove Center
Beanie's at Maui's Landing
First State Bank & Trust
Foley, Kalseim & Company, Ltd.
Kowalski's Markets - Oak Park Heights
LSP Cottage Grove Cogeneration Facility
Pub 112

CHURCHES & SERVICE CLUBS

All Saints Lutheran Church
Christ Lutheran Church
Lake Elmo Jaycees
Newport Lutheran Church
Shepherd of the Valley Lutheran Church
Shriner's LLC
Stillwater Noon Rotary Club
Trinity Lutheran Church

PUBLIC FUNDING

City of Afton
City of Bayport
City of Baytown Township
City of Cottage Grove
City of Lake Elmo
City of Lakeland
City of May Township
City of Newport
City of North St Paul
City of Oak Park Heights
City of Saint Paul Park
City of Stillwater
City of Stillwater Township
City of West Lakeland Township
City of Woodbury
ISD 834 Stillwater Area Schools
State of Minnesota - YIP
Washington County

Cottage Grove
7064 W. Point Douglas Rd. S. | Suite #201
Cottage Grove, MN 55016 | (651) 458.5224

Stillwater
Historic Courthouse - 101 West Pine St.
Stillwater, MN 55082 | (651) 439.8800

Woodbury
7876 Hudson Rd. | Suite #1
Woodbury, MN 55125 | (651) 735.9534

Better Choices. Brighter Futures.



2016 Annual Report

"I recommend YSB's awareness classes to others. It is a more productive and educational route than going to court."

Diversion Parent
Participant

"YSB is an essential court partner, (and) is often relied upon to help youth address the offending behavior."

Peter Orput,
Washington County Attorney

youth
service
bureau

Better Choices. Brighter Futures.

"I don't know where my use would be if I hadn't started talking to you" and "thanks for helping me figure myself out."

Marie,
Youth Program
Participant

"I love all the resources in your newsletters! Thank you for helping propel the field of youth work forward!"

Maggie Dudley,
Youth Intervention Programs Association

Helping youth and families learn the skills they need to be more successful at home, in school and throughout the community.

www.ysb.net

STAFF

MANAGEMENT TEAM

Bob Sherman
Executive Director

Andrée Aronson
Development Director

Michael Huntley, M.A., L.P.
Program Director

Debbie Campbell
Accounts Manager

Youth & Family Therapists

Rochelle Kruszka
M.A., LMFT

Kay Schwebach
M.A., LMFT

Lea Thornton
M.S.W., LICSW

Youth Diversion Specialists

Shelby Bailey
Ravi Roelfs

Chemical Health Specialist

Julia Geigle
M.S.W., LGSW, CPP

Youth & Family Education Coordinator

Merrill Guggisberg

Administrative Team

Barbara Ohs
Jeanine Olson
Chrissy Sola

From our Executive Director

Celebrating
40 Years

2016 was the most successful year in Youth Service Bureau's 40 year history. The hard work and legacy of providing exceptional programming has paved the way for the successful launch of YSB's \$1.1 million program expansion campaign in September. We closed the year with over \$494,036 in foundation grants and individual pledges for the campaign. We added several new foundations to our donor list including our largest campaign funder, Otto Bremer Trust (which donated \$200,000 and issued a \$200,000 challenge grant) and the Richard M. Schulze Family Foundation. Overall, YSB ended the year with net income of \$274,745, funds that will directly support our expanding programming and long-term organizational sustainability.

We began planning our first Gala fundraiser to take place on May 18, 2017, attracting many new sponsors and individuals throughout our service area. Four new board members joined YSB, including John Hart, a retired executive from Andersen Company; Brent Wartner, First Assistant Washington County Attorney; Colleen Feldman, Stillwater Schools psychologist; and parent Deborah Steiner. Therapists have redoubled their efforts to reach new clients; mental health and diversion referrals are on the upswing. In short, we are well positioned to complete the program expansion campaign early in 2018, allowing YSB to serve two new school districts with chemical health services and hire up to three new mental health counselors qualified to serve more diverse communities in the East Metro area.

We have work to do, of course, as many of our clients will likely be challenged to maintain health insurance with potential changes to the federal Affordable Care Act. That means building our individual donor base and finding new sources of grant funding to support our "sliding fee" rates offered to lower income clients. With our new board members, increased teamwork on the part of our excellent staff, and growing financial support from private and government funders, YSB's future is bright.



2017
Stillwater Chamber of Commerce
Non-profit of the year.



2015
Woodbury Chamber of Commerce
Non-profit of the year.

Thank You!

Bob Sherman
Executive Director

Youth-Focused Family Counseling

Licensed Therapists help youth who are struggling with challenges in their lives and the families that care for them.

We use a variety of prevention and early intervention strategies that start with identifying strengths first, and building individualized plans with each family. Parents and caregivers are supported, educated on the developmental needs of youth, and guided on important decisions regarding their family.

Youth 5 -18 learn personal strategies to manage issues such as divorce, bullying, depression, & self-harm.

"At YSB we don't minimize the experience of youth. Youth need to be heard, have their feelings validated, and get nonjudgemental support to build on their strengths and to get through tough times. We provide that space, and I am lucky to be part of their journey."

-YSB Therapist



Diversion Services

YSB's Diversion Services hold youth accountable for their actions and provide an opportunity to repair any harm they caused without getting a juvenile record. Youth learn to take responsibility for their actions & learn that their behavior affects more than themselves.

Through Diversion, YSB delivers awareness programs on topics like bullying, theft, chemical health, and conflict resolution.

We provide community work service options, mentoring programs, and support for parents/caregivers. Every intervention is individualized to best meet the needs of the youth and their family.

"YSB provides education, support, empathy, compassion and correction for our youth. Children are the future and we need to invest in them and provide support as needed. YSB does exactly that. We could not be as successful without the assistance of YSB in our community."

- Laura Eastman, Bayport Police Chief

YSB incorporates practical developmental knowledge & understanding of youth into our four core service areas. By supporting families in this way, parents understand how their child sees the world based on brain development and their own youth's experiences.

86% of YSB Diversion participants did not have a repeat offense in the 12 months following program completion.

4,243 HOURS In 2016, youth contributed 4,243 hours of Community Service to their local communities.

School-Based Services

YSB's School-Based Services delivers chemical and mental health support, consultation, peer support groups and crisis response services.

We focus on education, early intervention and support through individualized consultation and group preventative work. Our staff works closely with the schools and other partners to prevent and reduce youth substance use, cultivating a community where students choose not to use and are valued for that choice.

Chemical health support in the schools allows for students to seek out support from an adult in a safe, non-judgmental setting. Many students self-refer to discuss their chemical health – including students who weren't ready to tell their parents they are using or who don't have access to outside support due to financial and transportation barriers.

YSB helps parents have conversations with their kids in a way that invites loving and respectful dialogue, while empowering them to hold their youth accountable. We support parents as they navigate outside resources such as treatment options and therapy.

Youth and Family Education

Raising kids is an ever-changing work in progress, with new joys, struggles, excitement, and challenges.

YSB offers family education sessions that provide local current trends, practical advice and effective strategies to engage and empower caregivers. Through our classes, expert speakers and our monthly E-Newsletter, parents gain knowledge about a variety of youth development topics.

Parents build confidence and learn strategies to start difficult conversations with their child, learn to set healthy boundaries, and know when to seek additional care and support for their youth and family. Topics range from mental health issues, such as anxiety and depression, to behavioral concerns like teen chemical use and prevention, social media awareness and new trends in our community.

In 2016, YSB staff held 122 education sessions reaching 5600 youth, families, & community members.



87% of youth are less likely to use drugs after 7 or more support sessions.

80% of teens with substance abuse issues also have a co-occurring diagnosable mental health condition.

"You are the only adult I can get my son to talk to about this stuff."

- Parent Quote